

# Chants from The Divine Exchange Wisdom School 2018

## Chants in order they were sung

- Sun evening: Ye Have No Time but This Present Time; All Shall be Well
- Monday morning meditation: Mind That Which is Eternal
- Monday am: Streams of my Father's love
- Monday afternoon: Abide in Me; and Open my Heart
- Tuesday morning meditation: Give Over Thine Own Willing
- Tuesday afternoon: Streams
- Tuesday evening meditation: Adoramus
- Wednesday morning meditation: I Saw That There Was an Ocean of Darkness and Death
- Wednesday afternoon: Slowly Blooms the Rose Within; All Shall be Well; Aba; The Streams of My Father's Love; Salve Nos (while turning)
- Wednesday evening Anointing ceremony
  - Flute solo (*Now the green blade rises ...*)
  - Slowly Blooms the Rose Within
  - Place Me as a Seal Upon your Heart
  - Place Me as a Seal Upon your Heart and Adoramus
- Wednesday evening meditation: Slowly Blooms the Rose Within
- Thursday am: Ego Sum Pauper
- Thursday afternoon: Abide in Me; I Am Here; Streams; Christ is the Heart of the Heart of the World
- Thursday morning meditation: Art Thou in the Darkness
- Thursday evening meditation: Christ is
- Friday morning meditation and Eucharist:
  - Adoramus
  - You Are the Vine
  - Ego Sum Pauper
  - Abide in Me
  - Mind That Which is Eternal
  - The Streams of My Father's Love
- Friday Morning Teaching: I Am Here
- Friday conclusion: The Elm Dance (outside)

### Paulette's Tuesday afternoon offering:

- Be Still and Cool
- Keep Within (long version)
- Keep Within (short version)
- Stand Still In That Which Is Pure (one of Cynthia's favorites)
- Art Thou In The Darkness
- Give Over Thine Own Willing
- An Infinite Ocean of Light

## Chants in alphabetical order

**Abide in Me** (John 15:4); Music by Marcelle Martin & Elizabeth Krome

Abide in me,  
as I abide in you,  
we are one,  
we are one

### Adoramus

**Adoramus and Place Me As a Seal** mashup

**All Shall Be Well** key Eb; words and music David Keller

All shall be well,  
and all shall be well,  
and all manner of thing shall be well,  
be well.

### Art Thou in the Darkness?

Mind it not, for if thou dost it will feed thee more.  
But stand still, and act not, and wait in patience,  
Till Light arises out of Darkness and leads thee.”

—James Naylor, p. lv in “To the Life of God in All,” in *A Collection of Sundry Books, Epistles and Papers written by James Nayler*, London, 1716.

**Christ Is** key C; by Susan Latimer (inspired by Teilhard) (Three parts)

1. Christ is
2. The heart of the heart of the world
3. Draw us deeper

**Ego Sum Pauper** key A (Three parts sung as a round)

Ego sum pauper (I am a poor man.)  
nihil habeo (I have nothing.)  
cor meum dabo (I give my heart.)

### **Give Over Thine Own Willing**

Give over thine own willing,  
give over thine own running,  
give over thine own desiring  
to know or be anything,  
and sink down to the seed  
which God sows in thy heart  
and let that be in thee  
and grow in thee  
and breathe in thee  
and act in thee  
and thou shalt find by sweet experience  
that the Lord knows that  
and loves and owns that,  
and will lead it to the inheritance of life,  
which is God's portion.

—Isaac Pennington, 1681, from “Some Directions to the Panting Soul,” in *Works*, Volume 2; music Paulette Meier

### **I Am Here**

with Gurdjieff arm movements

### **Keep Within** (shorter version) key Bm; words George Fox 1652; music Paulette Meier 2010

Keep within,  
for the light of God is within,  
and the pearl is within you,  
though hidden

### **Mind That Which is Eternal** key E words George Fox 1652; music Paulette Meier

Mind that which is eternal,  
which gathers your hearts together,  
up to the Lord,  
and lets you see that ye are written  
in one another's hearts

### **Open My Heart** key F; words and music Ana Hernandez (see her teach it [HERE](#))

Open my heart

### **Place Me as a Seal** key Am [Song of Songs 8:6]; music Cynthia Bourgeault

Place me as a seal upon your heart  
Place me as a seal upon your heart

**Salve Nos** (2 parts)

1. *Salve Nos* (higher)
2. Into your hands I commend my spirit  
For you have redeemed me  
Oh God of Truth (melody)

**Slowly Blooms the Rose Within** key Fm; words and music Thomas Hand

Slowly blooms the rose within,  
slowly blooms the rose within

**Spirit of Truth** key Bbm

Spirit of truth,  
answer my cry,  
Soul of Wisdom,  
enter my heart

**The Streams of My Father's Love** words William Robinson 1659; music Paulette Meier 2017

The streams of my Father's love,  
run daily through me  
The streams of my Father's love,  
run daily through me  
from the holy fountain of life,  
to the seed throughout the whole creation

The streams of my Mother's love, [alternate "Mother's" and "Father's"]

run daily through me  
The streams of my Mother's love,  
run daily through me  
from the holy fountain of life,  
to the seed throughout the whole creation

**This Present Time** key Ab (D#) words George Fox 1658; music Paulette Meier

Ye have no time but this present time,  
Ye have no time but this present time,  
Ye have no time but this present time,  
therefore prize your time  
for your soul's sake

**You Are the Vine** key C or Cm [paraphrase of John 15:5]; music Susan Latimer

You are the vine  
we are the branches,  
when we abide  
we bear your fruit

## **More chants by Paulette Meier (offered on Tuesday afternoon)**

### **An Infinite Ocean of Light**

I saw that there was an ocean of darkness and death,  
but an infinite ocean of light and love,  
which flowed over the ocean of darkness.

In that I also saw the infinite love of God,  
and I had great openings.

—George Fox (1647), Journal (ed. J. Nickalls), p. 19; music Paulette Meier

### **Be Still and Cool**

Be still and cool in Thy own mind and spirit,  
from thy own thoughts,  
and then thou wilt feel the principle of God  
to turn thy mind to the Lord God,  
whereby thou wilt receive God's  
strength and power from whence life comes,  
whereby thou wilt receive

God's strength to allay all blusterings, storms, and tempests."

—George Fox, 1658, A letter to Lady Claypole (daughter of Oliver Cromwell). Journal, ed. Nickalls, p. 346f; music Paulette Meier

### **Keep Within** (longer version)

Keep within.

And when they say,

'Lo[ok] here or lo[ok] there is Christ,

go not forth,

for Christ is within you.

And those who try to draw your minds away from the teaching inside you,  
are opposed to Christ.

For the measure's within,

and the light of God is within,

and the pearl is within,

though hidden."

—George Fox, Epistle 19 (1652), Works (1831), Vol. 7, p. 27; music Paulette Meier

### **Stand Still In That Which Is Pure**

Stand still in that which is pure,  
after ye see yourselves,  
and then mercy comes in.

After thou seest thy thoughts and temptations,  
Do not think, but submit, and then power comes in.

Stand still in that which shows and discovers,  
and there doth strength immediately come.

And stand still in the light,  
and submit to it,

and the other will be hushed and gone,  
and then content[ment] comes.”

—George Fox, 1652, Epistle #10. Works 7:20. (See Matthew 4: 1-3.); music Paulette Meier

### **Ways to connect with Paulette Meier and her music**

- Website: [www.paulettemeier.com](http://www.paulettemeier.com)
- Facebook: <https://goo.gl/GxnG1n>

Website where you can hear many of the other chants listed here:

- <https://theoow.com/resources/contemplative-chants/>